

Summary

“To what extent does the GROW model - a coaching technique, when used as a method of AFL improves post 16 students’ problem solving skills in ICT, and hence improve their performance?”

Research Web Address: <https://sites.google.com/site/growintoafl/>

Overview of my topic

Coaching is a highly successful tool that has been used, to stimulate deep thinking and develop an active intrinsic approach to problem solving. In this research, I’ll examine to what extent the GROW model – a coaching technique, when used as a method of AFL improves post 16 students’ problem solving skills in ICT, and hence improve their performance and achievement.

What is GROW and key questions?

G – Goals

What we are trying to achieve:

R – Reality

Exploring the known information (practical of theoretical knowledge):

O – Options

Stretching beyond what the student has tried or thought about before:

W – Will / Way forward

Gaining commitment from the student towards taking action:

The Findings:

- Students became more confident in approaching questions – they were more open to taking risk.
- The model provided a good structure for less organised students, but wasn’t that helpful for more organised student
- Students became more independent and, approached more merits and distinctions